

Mark Mathew Braunstein

www.MarkBraunstein.Org

Public Speaking

updated 2025

Recent RADIO & VIDEO talks on this page accessible online as of 2025

VIDEO – in reverse chronological order

2024 – *Power of the Plant*: 8-min author interview: www.youtube.com/watch?v=Bm3aWLMbEkk

2023 – *Let's Be Blunt with Montel Williams*, 50-minute author interview:

<https://letsbebluntmontel.com/episodes/health-tips-for-canna-consumption-mark-braunstein>

2022 – *Health Tips for Cannabis Smokers*: 9-minute slideshow: <https://youtu.be/EaRsUCKC31g>

2020 – *Final Thoughts*: 57-minute author interview: <https://youtu.be/7mbOWfdToJo>

2019 – *Vegetarianism in Art*: 28-minute slideshow: <https://youtu.be/NTclsqvDSGM>

2017 – *Good Girls on Bad Drugs*: 9-minute slideshow: <https://youtu.be/gTie2oKfFc4>

2017 – *Medical Marijuana*: 56-minute talk: <https://youtu.be/K56taXgOIRE>

2017 – *Good Girls on Bad Drugs*: 54-minute author interview: https://youtu.be/_2_KTYhuNgA

2014 – *Wall Street Journal*: 3-minute video accompanying its November 14 news article about medical marijuana in CT profiling me as its sole interviewee: <https://youtu.be/2Zp1DoxodW0>

RADIO & PODCASTS – in reverse chronological order

2024 – *Here's to Your Health*: 16-min interview, January 9 radio broadcast:

<https://ttrplayer.com/tabs/archives/episode/35681> & Apple podcast on Jan. 9, Episode 444:

<https://podcasts.apple.com/us/podcast/heres-to-your-health-with-joshua-lane/id1557571986>

2023 – *Here's to Your Health*: 18-min interview, March 14, radio & Spreaker podcasts:

<https://herestoyourhealthwithjoshlane.com/portfolio-item/mark-mathew-braunstein-author-radical-vegetarianism/>

2023 – *Here's to Your Health*: 22-min interview, January 23, radio & Spreaker podcasts:

<https://ttrplayer.com/tabs/archives/episode/34215>

2022 – *Cannabis Health Radio Podcast*: <http://cannabishealthradio.com/podcast/episode-360-a-tragic-diving-accident-left-him-a-paraplegic>

2022 – *Here's to Your Health*: 16-min interview, December 27, radio & Spreaker podcasts:

<https://herestoyourhealthwithjoshlane.com/portfolio-item/mark-mathew-braunstein-author-mindful-marijuana-smoking-health-tips-for-cannabis-smokers/>

2017 – *Forensic Talk*, 1-hour author interview posted to *YouTube*: <https://youtu.be/CN5lbk7cgyk>

2017 – *Wayne Norman Show*, WILI-FM, Willimantic, CT, 1-hour author interview, scroll to October 27, 2017: www.wili-am.com/wp_bows.htm

2017 – *Here's to Your Health*, KCAA-FM Los Angeles, <http://podcasts.kcaastreaming.com/josh/#>

- about medical marijuana, scroll to March 20, 2017, minutes 17-34

- about my book *Radical Vegetarianism*, scroll to Feb 27, 2017, minutes 45-57

2017 – *Vegan World Radio*, KPFT Austin, TX, 1-hour author interview about *Radical Vegetarianism*, scroll to Tuesday Feb 28, 2017, 8-9pm: <http://archive.kpft.org>

2016 – *Beyond 50 Radio*, 35-minute author interview, podcast posted to *YouTube*:

<https://youtu.be/tXWWSPBgOvQ>

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2013 & 2012 – *The Victoria Moran Podcast*,

- October 9, 2013, my segment begins at 11:11: <https://music.amazon.es/podcasts/46fa481c-9eb4-4455-9afa-d78d73803e38/episodes/eb23e6e5-c56f-4881-8e86-087d301e075c/the-victoria-moran-podcast-meetings-with-remarkable-women-microgreens-and-other-wonders-with-mark-mathew-braunstein>
- August 8, 2012, my segment begins at 43:30: <https://music.amazon.com/podcasts/46fa481c-9eb4-4455-9afa-d78d73803e38/episodes/042177b5-9802-43b0-b4bd-ca7db15487c4/the-victoria-moran-podcast-meetings-with-remarkable-women-mark-braunstein-author-of-radical-vegetarianism>
& on YouTube begins at 24:02 at: www.youtube.com/watch?v=cusKlidTltI

Additional TALK SHOWS & NEWS BROADCASTS –

Unlike on the previous listing, these are not accessible online

☉ *FM radio live or phone interviews*: Allan Colmes show, WPIX NYC; Buddy Cianci show, WHJJ Providence; Time for a Change show, WBAI in NYC; Wayne Pacelle show, WPKT Bridgeport, CT; WESU Middletown, CT; Lewis Harrison show, WROX, upstate NY; Nilon Report, WSRQ Sarasota, FL; Lee Elci Show, FOX News Now, 94.9, Ledyard, CT, three times, Jan 2018, Feb 2021 & July 2022; & *many more*

☉ *Network TV*: CT evening news interviews about medical marijuana, more than 10 times on NBC, ABC, CBS, Fox, my own compilation at: <https://youtu.be/cji9DMe7t0o>

☉ *Cable TV*: nationally-syndicated “Animal Rights”; CT-based “Environmental Forum”; CT-based “Side Bar”; *and more* (VHS videotape recordings available for all)

CONFERENCES

☉ XpoCanna, 2nd annual in 2023 & 3rd annual in 2024, Connecticut Cannabis Expo, <https://xpocann.com/event/connecticut-cannabis-expo/speakers/>

☉ Hempstock, 1st annual in 2021, 2nd annual in 2022, <https://hempstockct.com/festival-archive>

☉ Compassionfest, 5th annual in 2019, 4th annual in 2018, www.compassionfest.net/content/demos-and-workshops

☉ Whole Life Expos, Boston & NYC, 1983 & 1984 & 1985 & 1986

☉ Vegan Summerfests, North American Vegetarian Society (NAVS) 5-day-long conferences, most years 1981-95, then only 2011, 2019 & 2024 <https://summerfest.navs-online.org>

☉ New England vegetarian conferences, single day events, CT 1994 & RI 1996

☉ Animal Rights National Conference, 1981 & 1982 & 1983 www.arconference.org

☉ International Compassionate Living Festival, Raleigh, NC (research for my slideshow lecture was funded by a grant from the Culture and Animals Foundation), 1992

☉ Animals as Food, Providence, RI, 1998

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CONFERENCES, continued

- ⊙ Medicinal Marijuana Symposia, Brown University, Providence, RI, 2003 & 2004
- ⊙ National Clinical Conference on Cannabis Therapeutics, 6th biannual, Warwick, RI, 2010
<http://medicalcannabis.com/Clinical-Conferences/2010-warwick-ri> & my article at:
www.markbraunstein.org/medical-marijuana (scroll down to 11th article)

GRASSROOTS GROUPS TALKS advocating animal rights, wildlife conservation, and vegan vegetarianism

- ⊙ NYC, mostly Manhattan (more than 20X), Chicago (2X), Boston (3X), Providence (more than 8X), Long Island (2X), Hartford (4X), New Haven, New London CT, Willimantic CT, Storrs CT (6X), Colchester CT (2X), Fairfield CT, Philadelphia, Columbia SC, Montreal, St. Louis

COLLEGE CAMPUS TALKS as guest lecturer advocating animal rights, wildlife conservation, vegan vegetarianism, and medical marijuana

- ⊙ Yale University, New Haven, CT
- ⊙ New York University (NYU), Manhattan, NYC
- ⊙ Brown University, Providence, RI (4 times)
- ⊙ Rhode Island School of Design (RISD), Providence (3 times)
- ⊙ University of Connecticut (U-Conn), Storrs (2 times)
- ⊙ Trinity College, Hartford, CT
- ⊙ University of Rhode Island, Kingston (2 times)
- ⊙ North Carolina State University, Raleigh
- ⊙ Binghamton University, NY
- ⊙ Connecticut College, New London, CT (more than 20 times)
- ⊙ Western Connecticut State University at Danbury
- ⊙ Wesleyan University, Middletown, CT (3 times)
- ⊙ University of Hartford, CT

STATE of CONNECTICUT LEGISLATIVE Judiciary Committee public hearings & accompanying press conferences: 1997, 2001, 2003 & 2004 & 2005 & 2007 & 2011, among the MANY newspaper articles & transcriptions, these few are still online:

- ⊙ 2007 *NY Times* article: www.nytimes.com/2007/06/11/nyregion/11marijuana.html

© 2011 testimony video at: <http://youtu.be/ELmKbYsBM38>
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PHOTOSHOP COURSES & WORKSHOPS

- © Visual Resources Association (VRA) annual conferences, St. Louis 2002, Miami 2005, Toronto 2009, Providence 2013
- © Connecticut College workshops, most semesters 2002-13
- © Stonington (CT) Continuing Education, full courses, Spring 2007 to Summer 2009
- © also single-day workshops at arts centers, Mystic Museum of Art, CT; Willimantic CT
- © for further information, consult my PHOTOSHOPPER bibliography at:
<http://www.markbraunstein.org/bibliographies>

GROWING MICROGREENS & SPROUTS WORKSHOPS

- © Microgreens: Mystic Garden Club, 2019
- © Microgreens: 4th Annual Compassionfest, 2018
<http://www.compassionfest.net/content/demos-and-workshops>
- © Microgreens: Connecticut College Arboretum, spring 2011 & fall 2011
- © Microgreens to 70 participants: Vegetarian Summerfest, summer 2011
- © Microgreens, 2010-18, at my home (4X) and many local venues, including CT Vegetarian & Healthy Living Festival, Fiddleheads Food Coop, Colchester Vegetarian Society, New London Viva Vegetarian Society
- © Sprouting workshops 1989-2007, too many to list